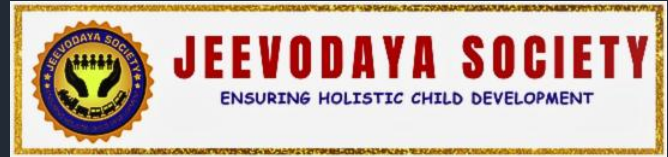


# THE GRACEFUL GLIMPSES

MONTHLY NEWSLETTER,

ISSUE-2- FEB- 2026.



**“Quality Home, Strengthening Community Participation in Child Protection”**

*“Understanding children who are in need of care and protection and providing them with necessary care and treating them with utmost responsibility is our commitment to children’s growth and development in CCI as well as in the community. The children who have no family support are deprived of basic necessities of living and are forced to live a life which is below standard. Further their emotional vulnerabilities during the formative years are not addressed owing to lack of family support. Our Chirag Girls’ Home and our Community Outreach Programme address the needs of such children”.*



JEEVODAYA SOCIETY

Behind Janata Talkies,

Nehrujanj Itarsi-461 111 (MP)

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# THE POP UPS OF FEBRUARY 2026.



## 1. Message from the Editorial Team:

Welcome back to the “Glorious Glimpses” Second issue, Feb. 2026. We are happy to share the glimpses of our efforts, our programmes and our achievements during the month of February 2026. In this issue we shall share with you our activities in Chirag Girls’ home as well as 15 words of Itarsi Municipality, mainly focusing on children’s safety and well-being. We organized many programmes with children during the month, but main highlight is the exam preparation of the children. Children were helped through regular study hours monitored by Chirag Home Staff and the tuition teachers. This issue will give you the glimpses of the activities implemented and the results achieved during the month. We wish you will enjoy reading the news and give your views which would encourage our children.

Yours Sincerely,

Peter Lasrado

For editorial Team

## 2. Monthly Highlights: February 2026

|                                 |  |
|---------------------------------|--|
| <b>CHIRAG GIRLS' HOME</b>       | <ul style="list-style-type: none"><li>•Total children: 20</li><li>•Children going to school: 18</li><li>•Children Reunited with Family: 2</li></ul>  |
| <b>Community Programme</b>      | <ul style="list-style-type: none"><li>•Total children: 420</li><li>•Children's Parliaments:20/ members 400</li><li>•Kinship Children: 20</li></ul>   |
| <b>Community Participation:</b> | <ul style="list-style-type: none"><li>•SHGs: 15/ Members: 150</li><li>•Child Protection Committees:15. Members:180</li><li>•Youth Volunteers: 38</li><li>•Community Animators: 4</li></ul> |

### 3. NEWS FROM CCI- CHIRAG GIRLS' HOME

The Theme for the month of February was *“Love in action, Dignity for all”*. The month had special days like in the first week Ravidas Jayanti, 3<sup>rd</sup> week Mahashivarathri and beginning of Lent for Christians and Ramdan for Muslims, fourth week Shavaji Jayanti. Children of Chirag Home were busy preparing for their final exams.

We also celebrated two birthdays during the month, On 1<sup>st</sup> February the House Mother Ms. Purita and 8<sup>th</sup> February Mr. Abhay, the Accounts Officer.

#### Health and Hygiene Awareness at CCI – Chirag Girls' Home

At CCI – Chirag Girls' Home, the health and well-being of the children are given great importance. To promote healthy habits and awareness, Health and Hygiene sessions are conducted regularly for the children. These sessions aim to educate them about various aspects of personal health, cleanliness, and overall well-being.



Each month we focus on different topics. In the month of February, a session was conducted on menstrual awareness and hygiene. The children were divided into two groups according to their age to ensure better understanding and participation. The resource person for the session was Sr. Pramila, the Social Worker, who explained the topic in a simple and informative way. During the session, the children learned about the importance of hygiene during menstruation, how to manage it properly, the correct use of sanitary pads, and maintaining hygiene during menstruation.

The session was conducted through group activities, discussions, and a short educational video clip, which made the learning process engaging and interactive. The children actively participated in the session, asked

questions, and shared their thoughts. Through these regular health and hygiene sessions, the children become more aware, confident, and responsible about their personal health and cleanliness.

Discussions about menstruation are impeded by taboos related to culture and society. To break these taboos and promote an environment that is more welcoming, we focus on awareness and explain them about the natural human change and help them develop healthy attitude.

#### Examination Preparation at CCI Chirag Girls Home

The children at CCI Chirag Girls' Home were actively engaged in preparing for their examinations. A disciplined and supportive study environment helped the children focus on their studies and academic progress. The children woke up early in the morning and dedicated extra time to their exam preparations. Regular coaching classes were conducted, and the coaching teachers took keen interest in guiding the children in their preparation. Special attention was given to important subjects and topics so that the children could understand them clearly. Question papers of previous years and practice materials were downloaded and provided to the children so that they could solve them



and prepare themselves confidently for their examinations. In addition, video lectures related to different subjects were also watched by the children to help them understand the topics better. Through regular study, practice, and the use of learning materials, the children effectively prepared themselves for their examinations and built confidence in their studies.

## Legal Awareness & Literacy Programme Conducted at CCI Chirag Girls' Home

A Legal Awareness and Literacy Programme was conducted at CCI Chirag Girls' Home following the letter received from the Office of the Tehsil Legal Service Committee, Itarsi. The programme aimed to create awareness among children about their legal rights, safety, and the responsible use of digital technology.



The session was conducted in the presence of Ms. Ayushi Gupta, Judicial Magistrate First Class, Itarsi, who attended as the Chief Guest. During the session, she explained the safe use of digital technology and guided the children on how to protect themselves from online risks and misuse of social media. She also spoke about personal safety, self-protection, and how children should be aware and confident encountering unsafe situations.

She further explained how to write legal complaints properly, how to approach authorities, and how to stand up for one's rights in a lawful and confident manner. The importance of knowing legal rights and seeking help from the appropriate authorities was also emphasized.

The programme was very interactive and informative. The children were very active throughout the session, asked many questions, and cleared their doubts. This helped

them gain a better understanding of legal awareness, self-defense, and personal safety.

The staff of CCI Chirag Girls Home ensured proper arrangements for the successful conduct of the programme. Overall, the programme was very meaningful and beneficial, helping the children build awareness, confidence, and knowledge about their legal rights and safety.

## Birthdays Celebration at CCI Chirag Girls' Home

At CCI Chirag Girls Home, the birthday of every child is celebrated in a very special and joyful way. These celebrations create a sense of belonging and happiness among the children and make them feel valued and loved.

On the birthday of each child, everyone gathers together to appreciate the child and give thanks to the Lord for the precious gift of life. A short moment of prayer and gratitude is shared, thanking God for the child's life and praying for blessings, good health, and a bright future. To make the day memorable, a cake cutting ceremony is arranged for the child. The cake is donated by Rohit Bakery for all children's birthdays. A greeting card with warm wishes is also given to make the child feel special. The children and staff together sing birthday wishes and celebrate the occasion with joy and smiles.

In February two children celebrated their birthdays and along with them the House mother Purita Ekka also celebrated her Birth day. Through these celebrations, the home creates a warm and caring environment, where every child feels recognized and encouraged.



## SPARC: Community Programme Highlights

The Convention on the Rights of the Child recognizes that parents/legal guardians, as well as families and communities “have the primary responsibility for the upbringing and development of the child” and “States Parties shall render appropriate assistance to parents and legal guardians in the performance of their child rearing responsibilities and shall ensure the services for the care of children.” (Article 18). However, in times of humanitarian crisis and displacement, the capacity of communities and parents is often undermined as children face new and exacerbated protection risks such as family separation, abuse and exploitation. In order to mitigate those risks, it is important that humanitarian actors support and strengthen the protective capacity of families and communities, who are the first point of call and primary duty-bearers when it comes to the protection of vulnerable children. Therefore, Jeevodaya through its community outreach project focuses on strengthening families and communities to safeguard children, promote their well-being, and create safe and child-friendly spaces. The Child protection Committees are formed to address the issues affecting the children and to plan necessary actions to solve the issues. Our kinship support programme, after doing a need assessment, supports the most vulnerable children with whatever support they require for their safety and development.

### Child Protection Committees:

Jeevodaya is working with 15 Child Protection Committees across 15 wards to strengthen community-based child protection system. Additionally, these committees hold regular meetings and work closely with community members, schools, and local authorities to monitor child protection issues. During the month of February all the 15 CPC



had their meetings and discussed about the issues affecting children. They also help identify children who may be at risk and ensure that appropriate support and services are provided to them.

The committees also conduct awareness activities in the community to educate parents and children about child rights, child protection laws, and available reporting mechanisms such as the Child Helpline. This helps build a supportive and responsible environment where community members actively participate in protecting children.

### Children's Parliaments:

Jeevodaya is working with 15 children's Parliaments across 15 wards. At the ward level 13 Children's Parliament meetings were held during the month, where children participated in a democratic election process to choose their leaders. The children actively took part in selecting their representatives, such as the Prime Minister and other ministers, through voting. After the election process, the selected leaders were informed about their roles, duties, and responsibilities within the Children's Parliament.



They were guided on how they can work together to raise issues related to children, such as education, health, safety, and child rights in their community and school. The activity helped children understand the democratic process, leadership, teamwork, and the importance of participating in decision-making for the betterment of their community.

## Self Help Groups

Jeevodaya is actively working with 15 Self Help Groups across 20 sectors in Municipal Corporation of Itarsi. Furthermore, the Self-Help Groups also act as a strong platform for community participation and collective decision-making. Through regular discussions and activities, women members are encouraged to share their concerns related to children, families, and community development. The SHGs also support the identification of vulnerable families and children who may need special



attention or support. By working together with community leaders and local institutions, the groups help in connecting families with government schemes and essential services. This initiative not only strengthens the economic status of women but also builds their confidence and leadership within the community. 13 groups held their meetings during the month and discussed about various activities they could take up.

## Digital Literacy Programme: Community Children Computer Learning



The Community Children Computer Class continued successfully in the month of February with active participation of 12 students. This initiative aims to promote computer literacy among children and help them become confident in using digital tools in their daily lives. During this month, students focused on learning various tools of MS Word and applied their knowledge through creative activities such as designing logos, resumes, birthday cards, front page designs, and time tables. These activities not only improved their technical skills but also enhanced their creativity and presentation abilities.

Special emphasis was also given to improving typing skills. Students are practicing typing daily for 15 minutes, and their typing speed has improved to around 14–16 WPM. This regular practice is helping them build accuracy and speed gradually. Overall, students are showing steady progress in computer literacy, becoming more confident, independent, and skilled in using computers.



"I was afraid to touch computer, thinking if anything happens to that machine... Now I am so confident, we can do many things in computer; we can also play with.."

# OUR GARDEN



Jeevodaya has a garden where we can see variety of vegetables and fruits growing. This season we have pulsus, red leafy vegetables, palak, beans, bhindi, radish, carrot, cucumbers, chilly, and egg fruits growing. We also have sapota, sweet lime, plantains, mangoes and other fruits growing. Our Chirag home gets vegetables and fruits from our garden. Since they are fully organic and fresh, they are tasty and healthy. Our support staff Kamal, Sadam and Shobha are taking care of the garden with great interest.



# Success Stories

Children in our community were not involved in any development programmes, but most of the time while away their time with other friends. Our community development project focused on protection and care for children through Children's parliaments along with Child Protection Committees. It took some time to make them understand and mobilise them. Today we have 20 children's parliaments with 20 children in each. We were able to complete the elections of the ministers in 18 groups and we will complete the election process by the end of March so that from April we start full-fledged parliament sessions of children.

Through the Children's Parliament, children get the opportunity to participate in regular meetings where they can discuss issues related to children in the community and suggest possible solutions. In these meetings, children talk about topics such as education, child labour, child marriage, health & hygiene, and child safety. This platform helps children build confidence, leadership skills and a sense of responsibility. They become more aware of their rights and encourage other children to continue their education and take part in positive activities.

## Children's Voices

"My birthday celebration was a truly joyful and memorable experience for me. In the morning, I woke up to a beautiful surprise as my bed was decorated and greeting cards were placed on it. Even my cupboard was decorated, which made the moment so very special and unexpected surprise."

Everyone gathered together and offered prayers for me and my family. This made me feel deeply happy and blessed, knowing that I was remembered in everyone's prayers. I also thanked God for guiding and protecting me throughout my sixteen years of life, for always being with me during difficulties, and for never leaving me alone. I feel grateful to be blessed with a loving home and a caring family. All the members celebrated my birthday together, sang songs, and wished me warmly. I felt happy to be part of such a supportive family where everyone shared in my joy. I am also grateful for Our House Mother Purita Ekka who takes care of us lovingly. She also celebrated her birthday and we made special card for her. I am also thankful to Rohit Bakery who donated beautiful cake on my Birthday. I sincerely thank the Jeevodaya family for the love, taking care of all my needs and my education. Overall, the day was very meaningful and will always remain a cherished memory in my life."



Pooja. K.

“Hello, I am Dolly Pasi, from Dakshin Bangaliya Colony, I joined computer classes organized by Jeevodaya and I am very enthusiastic about learning computer. I have also joined the Bal Sansad (Children’s Parliament), where I learn about child rights and community issues and get an opportunity to express my views. In addition, I take part in CPC (Child Protection Committee) meetings. Through these meetings, I gain knowledge about child protection, education, and children’s rights. I want to play an important role in creating awareness among other children in the community and encourage them to participate in positive activities.”

*Dolly Pasi...*

Computer Literacy: My name is Jiya. When I came to the computer class for the first time, I did not know anything about computers. I have passed 12th grade and currently I am pursuing my studies in ITI.

With the support of Jeevodaya organization, I joined the Computer Literacy Program. In the class, we are first taught theory and topics related to computers, and after that we practice the same on the computer through practical sessions. This helps me understand the concepts more clearly and makes learning easier.

Gradually, I am gaining knowledge about computers, and my confidence is also increasing. I believe that this computer knowledge will help me a lot in my future studies and career.

*Jiya Bourasi*

## Trainings & Seminars February, 2026

Ward Parshad Seminar (11/02/2026): Child Protection and Child Friendly Wards\_ Expectations from Ward Parshads: Attended by 8 parshads and SPARC Staff

Training for parents/guardians of Kinship Children (16/02/2026): Psycho-emotional care, Child rights and positive parenting: Attended by 20 parents/guardians and children

Multi Stakeholders' Seminar (18/02/2026): Child rights education and Advocacy: attended by 40 participants including SPARC Staff

Community Animators' training (27/02/2026): Roles and Responsibilities of Animators in community development



गतक

श्रद्धालुओं के द्वारा सहभागिता को गह। राजकुमार दुबे जाए ५१

आयोजन

जीवोदया संस्था में 'बाल संरक्षण एवं एडवोकेसी' पर बहु-हितधारकों को एक दिवसीय प्रशिक्षण दिया

## 'बाल संरक्षण एक विभाग का काम नहीं, यह समूचे समाज की जिम्मेदारी'

नवदुनिया प्रतिनिधि, इटारसी: जीवोदया संस्था, बंगलिया द्वारा बाल संरक्षण एवं एडवोकेसी विषय पर एक दिवसीय बहु-हितधारक प्रशिक्षण कार्यक्रम का आयोजन किया गया।

कार्यक्रम का उद्देश्य बाल अधिकारों की सुरक्षा को मजबूत कर विभिन्न शासकीय विभागों के बीच प्रभावी समन्वय स्थापित करना था, ताकि बच्चों के संरक्षण से जुड़े मामलों में त्वरित कार्रवाई की जा सके। शुभारंभ डायरेक्टर सिस्टर क्लारा ने किया, उन्होंने उपस्थित अतिथियों का स्वागत करते हुए कहा कि बच्चों के सुरक्षित एवं सम्मानजनक भविष्य के लिए सभी संबंधित विभागों का एक साझा मंच पर आना आवश्यक है। मुख्य वक्ता महिला एवं बाल विकास विभाग से आशु पटेल ने जस्टिस केयर एंड प्रोटेक्शन चिल्ड्रन



कार्यशाला में सभी विभागों के अधिकारी एवं समिति सदस्य मौजूद रहे। नवदुनिया

एक्ट के आधार पर बाल संरक्षण एवं एडवोकेसी की भूमिका पर जानकारी

देकर कहा कि बाल संरक्षण सिर्फ एक विभाग की जिम्मेदारी नहीं है, बल्कि यह

द्वारा वाई स्तर पर संचालित बाल संरक्षण समिति, किनशिप, स्वयं सहायता समूह, बाल संस्था, एनिमेटर एवं यूथ लीडर्स के माध्यम से किए जा रहे कार्यों की सराहना की। कार्यक्रम में विभिन्न विभागों के कुल 45 प्रतिनिधियों ने सहभागिता की।

इस मौके पर बाल कल्याण अध्यक्ष शैलेंद्र कौरव, सदस्य अनीता जाट, सारिका कटारे, श्याम सिंह मीना, जीआरपी से अनीता दास, आरपीएफ से देवेन्द्र सिंह, महिला एवं बाल विकास विभाग की परियोजना अधिकारी दीपति शुक्ला, सेक्टर सुपरवाइजर रेखा चौर, आशा कार्यकर्ता मौजूद रहीं। संचालन में प्रोग्राम मैनेजर दिलीप कुमार, सदस्य भूरुलाल, मोनिका, अतुल महोबिया एवं शोभा का सहयोग रहा।

# Upcoming Events and Trainings – March- 2026

Monthly  
Review and  
Planning : 3rd  
March 2026

Self Defence & Safety  
6th, Yoga & Sports for  
health 7th, Cycling for  
Fit India 10th

St. Joseph's Feast  
19th

Child Friendly  
infrastructure in  
CCI

CPC Cluster Level  
Training and Child  
Protection 30th

Awareness

## JEEVODAYA'S COMMITMENT

*We continuously strive to maintain a safe, accountable, and child-friendly environment.*

### *Expression of Gratitude*

We the Jeevodaya family express our heartfelt gratitude to:

Our donors and well-wishers  
District Child Protection Department  
Local schools and healthcare partners  
Our dedicated staff and volunteers

Your collaboration makes our work possible.... Thank You

#### Contact Us:

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- Sr. Pramila, Social Worker, Chirag,
- Sr. Jyoti, Home in charge, Chirag.

